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# **BABYPROOFING CHECKLIST**



### **Throughout the House**

.. Put gates at the top and

bottom of stairs

- " Put window guards or stops on windows
- Tie up window shade cords
- " Put outlet covers on electrical outlets
- " Look for electrical cords that could be hazards
- Use door or pinch guards to protect fingers
- Add doorknob covers,
  especially on external doors
- Use furniture straps to secure furniture and televisions to walls
- Test smoke alarms and carbon monoxide detectors once a month
- Pick up anything small that children could swallow: batteries, small toys, coins, etc.
- " Buy a fire extinguisher
- " Remove bug and mouse traps
- Keep bags and purses out of reach
- If you have a firearm, make sure it's unloaded and locked up separately from the ammunition
- Remove decor that may be at baby level

Go from room to room. Get down low to see things from your baby's view. Try to imagine what a scooting, crawling, toddling child could pull down on top of him, put into his mouth, bump his head on, catch his fingers in, or trip over. While no list covers everyone's situation, here are some common things to check for:



### In the Kitchen

- " Get a stove guard or knob covers
- Secure drawers and doors with latches or locks
- Move appliances and cords away from counter edges and low shelves
- Store knives and cutlery out of reach
- " Move cleaning products out of reach
- Store dishwasher and laundry pods out of reach
- Use a trash can with a childproof lid
- Use placemats instead of tablecloths
- Use plastic dishes for baby food
- Keep pet food and water bowls out of reach



### In the Living Room

. Make sure house plants are

baby-safe and keep them out of reach

- " Install a safety screen around the fireplace
- Put away breakable decorations
- Put corner protectors over sharp edges and corners
- Use furniture straps on bookshelves and televisions



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### In the Bathroom

- " Put a mat on the floor so no one slips
- " Put locks on toilet lids and cabinets
- Store pills and medicine out of reach
- Place soap, shampoo, toothpaste, makeup and razors out of reach



#### In Bedrooms

- " Make sure your crib meets safety standards
- " Keep a safe zone around the crib away from windows, blinds, art, mirrors, cords, etc.
- " Make sure the crib is free of blankets, bumpers, pillows, toys, etc.
- " Make sure furniture is secured with straps



### Garage and Outside

- " Install a lock on the garage door
- " Have a spot for your keys that is out of children's reach
- If you have a pool, install a locking gate; consider an alarm on the gate door
- " Keep fertilizers, chemicals, cleaners, antifreeze, bug spray, etc. out of reach

### **Special Notes:**

For more tips and resources, visit GetParentingTips.com.