25 Ways to Connect with Your Child

Listen with your heart. Praise them often. Give an unexpected gift for good work. Make a meal together. Go to the movies together. Get to know your child's friends. Develop house rules together. Volunteer together. Share a snack. Say good morning and good night. Give your child a hug and a smile. Play a board game with your child. Leave a note with loving words.



Volunteer at your child's school. Show interest in their ideas. Take a walk together. Be patient. Celebrate their talents. Compliment your child. Speak softly. Look your child in the eyes. Respect your child's feelings. Go on a bike ride together. Plant a tree or flowers together.

Say "I love you" and "I'm proud of you".

Learn more: <u>http://1.usa.gov/1qVEyfo</u> Source: Excerpts from Making Meaningful Connections 2014 Prevention Resource Guide